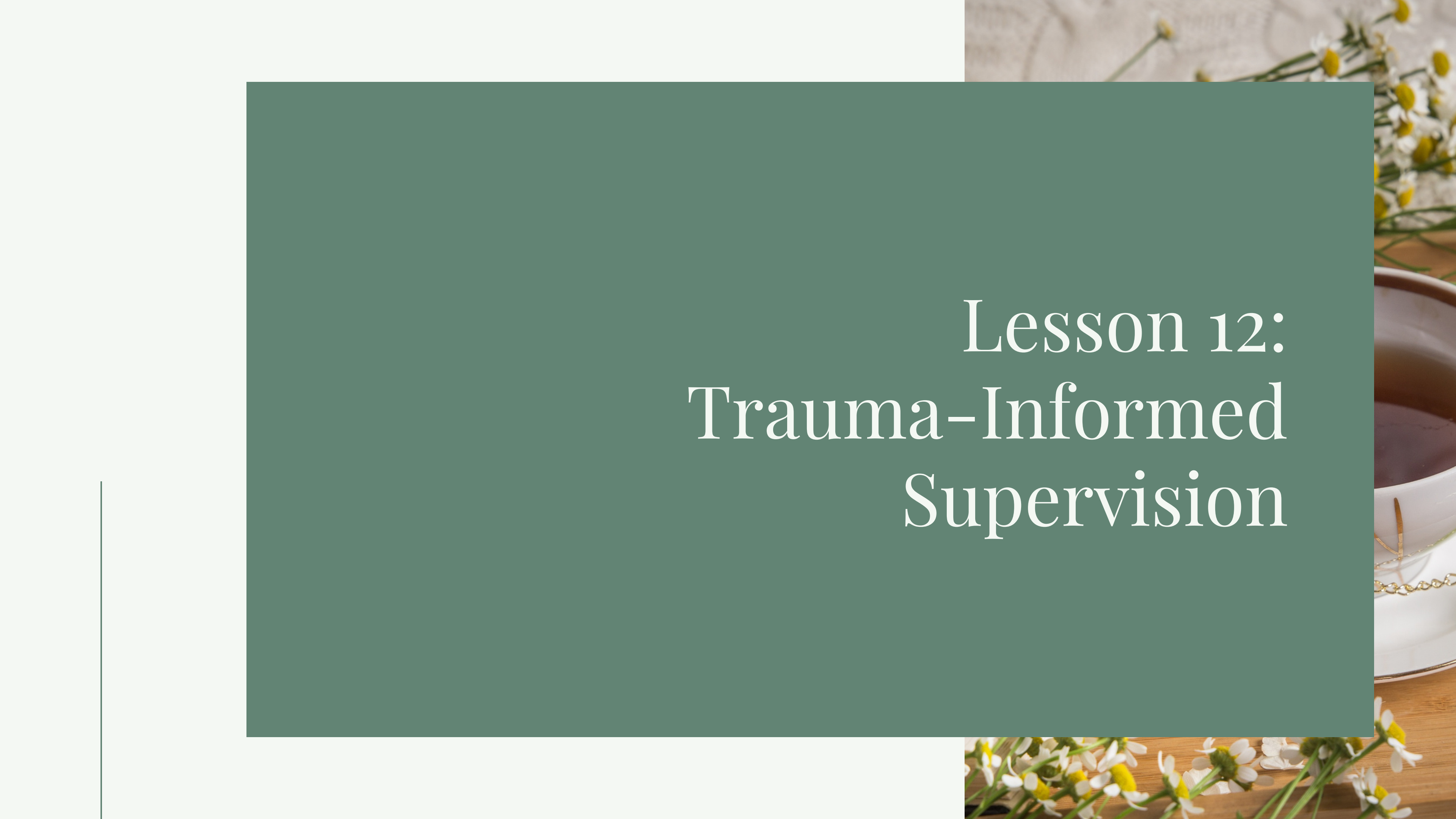


Module 4: Creating a Trauma- Informed Library for Supervisors and Administrative Staff

The background of the slide features a soft-focus photograph of a white ceramic cup filled with a dark liquid, likely tea, resting on a matching saucer. The cup and saucer are adorned with a delicate gold-colored chain-link pattern. Surrounding the cup are several small white daisies with bright yellow centers, scattered on a light-colored wooden surface. A large, solid teal-colored rectangle is positioned in the center of the slide, serving as a backdrop for the title text.

Lesson 12: Trauma-Informed Supervision

Effective Supervision



Communication

Regular meetings

Flexible timing, location

Acknowledge, mitigate power imbalance

Regular check-ins

Boundaries

Recognition of the good & bad

How to support staff experiencing or processing trauma



Do not
require
debriefing



Make
yourself
available



Be
proactive

Resources & Additional Learning

TRAUMA-INFORMED SUPERVISION: BUILDING STRONG
RELATIONSHIPS AND ORGANIZATIONS

<https://www.relias.com/blog/trauma-informed-supervision>

PROQOL MEASURE

<https://proqol.org/proqol-measure>

