

Who has been the biggest influence on your life? What lessons did that person teach you?

Who has been the kindest to you in your life?

Who has been the most important person in your life? Can you tell me about him or her?

What was the happiest moment of your life? The saddest?

What are the most important lessons you've learned in life?

What is your earliest memory?

Are there any funny stories your family tells about you that come to mind?

Are there any funny stories or memories or characters from your life that you want to tell me about?

What are you proudest of?

How has your life been different than what you'd imagined?



When and where were you born?



**Where did you grow up?
What was it like?**



Do you have any favorite stories from your childhood?



Who were your parents?



What were your parents like?



How was your relationship with your parents?



**Did you get into trouble?
What was the worst thing you did?**



**Do you have any siblings?
What were they like growing up?**





How would you describe yourself as a child? Were you happy?



What is your best memory of childhood? Worst?



Did you have a nickname? How'd you get it?



Who were your best friends? What were they like?



How would you describe a perfect day when you were young?



What did you think your life would be like when you were older?



Social Distancing Questions

What do you miss the most about life before social distancing?

What did you do to prepare for social distancing?

What have you learned about yourself?

Have you had any other experience that compares to social distancing for COVID-19?

What are the positive things about social distancing?

What have you learned but did not expect to learn since you began practicing social distancing?

What have you learned about yourself?

How has your local community been affected by COVID-19?

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